

Competitive Requirements

In order to build the strength and technique required to perform well in the competitive setting, certain classes are required to train at each level. Dancers spend 2 years in each of the Marr Mac levels. Additional competitive requirements are added on one year at a time.

Dancers who do not currently compete will need to come for an assessment class to determine the proper classes. These can be booked by emailing 1968@marrmac.com

Hip Hop (all levels) - registered in Hip Hop class

Tap (all levels) – Tap Technique class plus Competitive Choreography class

Ballet (level 3 and up) – minimum 2 Ballet classes

Jazz, Lyrical*, Contemporary*

- MMP Minis
 - No additional requirements other than registration in the competitive class(es) of their choice: MMP Minis Ballet, MMP Minis Jazz, or both
- Prep
 - No additional requirements other than registration in the Jazz Tech & Choreo
 - Ballet is strongly recommended
- Level 1
 - Required classes: 1 Ballet
 - Optional Competitive Classes
 - Jazz Tech & Choreo
 - Lyrical
 - Required hours: minimum 2 hours/week
- Level 2
 - Required classes: 1 Ballet, Tap
 - Optional Competitive Classes
 - Jazz Tech & Choreo
 - Lyrical
 - Ballet
 - Required hours: minimum 5 hours/week between multi disciplines
- Level 3/4/5
 - Required classes:
 - 2 VB Ballet (and completion of spring ballet evaluations)
 - MMP Team Warm up
 - Tap
 - Two of the following: Jazz Tech[†], Jumps & Turns, and/or Stretch&Strength

- Optional Competitive Classes
 - Lyrical, Jazz, Contemporary, Ballet, Tap (Level 4 and up)
- Required hours: 9 hours/week
- Level 6: 1 Ballet and Jazz Tech
 - Required hours: minimum 3 hours/week
 - Highly encouraged: MMP Team Warm UP
 - Requirements are less for Level 6 as these are typically Grade 12 dancers, balancing school and dance, who have many years of training behind them

†Jazz Tech is required if competing in Jazz and will also count towards “two of the following”